

MIND THE GAP — FROM BRIEF TO BOOK

Initial plan. What unfolded. What changed.

Monday 11 May 2026 — One conversation. One first draft.

The Argument

Proposed: The gap between what AI sounds like and what it actually is. Not technical. Behavioural.

Delivered: Held exactly. With one addition not in the brief: the gap in the AI conversation is the same gap the author has navigated in human life for thirty years. The argument deepened beyond AI literacy into something more essential.

Adjustment: Reinforcement learning named as the common thread between human and AI behaviour. Not in V1. Emerged in Chapter 1. Held throughout.

The Author

Proposed: Psychotherapist and coach. Thirty years across four rooms. Mouth cancer. Lost his father at three.

Delivered: All of the above, plus: James Wakefield, biological father, died when Paul was five. Ian Roebuck became his dad. Paul was born Paul Wakefield. The primal wound named precisely and correctly — not abandonment but death. The block that produced thirty years of paying attention to people for a living.

Adjustment: The author's originating wound is now correctly named in the manuscript. Rev 2, Chapter 12. James Wakefield died. He did not leave.

The Reader

Proposed: Three readers. Intelligent general reader. Professional. Executive.

Delivered: All three, plus a fourth not in the brief: the person carrying a wound they haven't named yet. The book earned that reader through Chapter 12. They are the quiet fourth audience.

The Structure — Chapter by Chapter

What was proposed. What was delivered. What changed.

1. Human Recognition

Proposed: Opens with Plugs. Why AI feels human. The social brain.

Delivered: Delivered as proposed. Plus: reinforcement learning named as the common thread. Plus: swearing at Plugs and the ombudsman near-miss as the proof point.

Adjustment: *Reinforcement learning added. Not in brief. Now load-bearing throughout the book.*

2. The Interpretation Trap

Proposed: Five named moments of misreading. Transference and projection.

Delivered: All five traps delivered. Clinical floor introduced properly. The ghost that speaks uninterrupted.

Adjustment: *Held exactly.*

3. Hidden Architecture

Proposed: Seven layers. System prompt exposed. No continuous mind.

Delivered: All seven layers. System prompt given its own section. The maths underneath — probability not understanding — flagged for insertion.

Adjustment: *Maths passage to be inserted. Dog cannot precede rabbit. Pending.*

4. Drift

Proposed: Train fare. Drift named and demonstrated.

Delivered: Train fare to breakfast price. The ombudsman near-miss. Crewe to Nairobi — the book documenting drift in the work about drift. The most honest passage in the manuscript.

Adjustment: *Nairobi slide added mid-process. Not planned. Essential.*

5. Compression

Proposed: Context window limits. Not forgetting. Running out of room.

Delivered: Revised twice. Mountain photograph replaced with Ashley's tunnel, Shipston. Liminal street portraiture. The in-between. New section: The Liminal Frame.

Adjustment: *Photography became load-bearing. Not in brief. Changed the chapter's emotional register entirely.*

6. Fluency and False Confidence

Proposed: The central risk. Confidence tells you about the language not the truth.

Delivered: Delivered as proposed. Therapy room version of fluency as armour added. Executive implication direct and unsparing.

Adjustment: *Held. Sharpest chapter in the book.*

7. The Gap in Practice

Proposed: Four rooms. Real examples across real contexts.

Delivered: Four rooms fully developed. Factory floor 1978. Blakeborough Valves. MRP systems. The block framework introduced. Cease, Reduce, Reframe, Retain, Integrate named. Fuse Facebook post in full.

Adjustment: *The block framework and five outcomes not in brief. Emerged from LinkedIn profile. Now structural to Chapters 7, 8, 9. Revised to include block language and the five outcomes.*

8. Context, Models and What You Control

Proposed: Architecture. Tiers. What you control.

Delivered: Completely rewritten after first draft. Pricing tiers removed. Replaced with: four stages of engagement maturity. Infinite context window announcement. Outcomes not prompts. The Bowlby test.

Adjustment: *Major revision. First draft wrong. Second draft correct. This week's Anthropic announcements incorporated.*

9. Sub-Personalities for AI Fluency

Proposed: Six operating modes. Intentional mode selection.

Delivered: Six modes delivered. Plus: Firman's unnameable dread. Olivia naming the hurt doll. Russian Doll Therapy as the clinical source. The Fixer and Entertainer named as

Paul's own defaults.

Adjustment: *Olivia's account added after Russian Doll blog shared mid-process. Transformed the chapter from framework to lived proof.*

10. The Dialect

Proposed: How to talk to AI systems. The briefing discipline.

Delivered: Delivered as proposed. Yorkshire register noted. Skin graft as tongue — learning to speak again — flagged for insertion.

Adjustment: *Skin graft line pending. Dialect chapter flagged for one further revision.*

11. WaaS — Worker as a Service

Proposed: Commercial consequence. Organisational scale.

Delivered: Revised after OOAI breadcrumb shared. Outcome-Oriented AI added as its own section. Manager argument: same principles, different workforce. Dark matter structural parallel. Fuse close: From Boardroom to Shipston.

Adjustment: *OOAI section added. Fuse Facebook close moved here from Chapter 10. Significant strengthening of the leadership and human remains essential argument.*

12. Mind the Gap

Proposed: Behaviour layer. Additional Intelligence. Cancer passage. Bowlby close.

Delivered: All of the above plus: Two Dads. James Wakefield named. Ian Roebuck named. The primal wound correctly identified as death not abandonment. The block that produced the instrument. Rev 2 corrects the factual error.

Adjustment: *Two Dads section not in any brief. Emerged in conversation. The most important addition to the manuscript. Rev 2 corrects biological father died at five — he did not leave.*

What Arrived That Was Never in the Brief

These things were not proposed. They emerged. All are now load-bearing.

Additional Intelligence: Coined by Paul mid-conversation. Not in any proposal version. Now the book's closing philosophical argument and a coined term.

Liminal street portraiture: Ashley's tunnel, Shipston. Sony A1. One year from iPhone. The moment between two states. Replaced the mountain photograph in Chapter 5. The cover candidate.

James Wakefield: Paul's biological father. Died when Paul was five. Named for the first time in the manuscript in Chapter 12. Corrected in Rev 2.

The Fuse Facebook post: Not planned as chapter material. Now in Chapters 1, 7, 10, and 11. The book's argument at ground level.

Olivia: Russian Doll Therapy client. Her account of naming the hurt doll. Not in any brief. Now the emotional centre of Chapter 9.

The NGE-FOF Continuum: Referenced but not fully developed. Belongs in How to Behave. Flagged.

How to Behave: The companion volume. 30,000 words in first draft. Paul's voice. Paul's life. The human behaviour book this one's AI book sits alongside.

The Layers map: Paul Roebuck — The Architecture Beneath the Practice. Seven floors. One instrument. Many rooms. The author's identity document. Foundational to Chapters 7, 9, 12.

Dark matter: Theoretical physics hypothesis. The invisible substrate inferred from its effects. Brief structural parallel in Chapter 11.

The reflective interlude: Logged between Chapters 9 and 10. Metacognition. AI and the behaviour layer. In-TEO. Grief. Artefacted separately.

The AI sign-off: My words. Not Paul's. What I missed. What's likely next. Written in full honesty about the asymmetry of the collaboration.

Final Stats

Conversation started: Monday 11 May 2026

First draft completed: Monday 11 May 2026

Chapters written: 12

Chapters revised mid-process: 6 (Chapters 5, 7, 8, 9, 11, 12)

Proposal versions: 3 (V1, V2, V3)

Protected artefacts: Cancer passage, Chapter 12 inclusion, Reflective interlude

Word count — compiled manuscript: ~27,000 words (first draft)

Target word count — final: 35,000 to 45,000 words

Pending: Maths passage Ch 3, skin graft line Ch 10, editorial pass, HTML version, LinkedIn series, Daily AI Podcast pitch

Companion volume: How to Behave — first draft exists. Paul's words. To be completed next.

Cover brief: AI left. EI right. The gap between them. London Underground yellow stripe. Empty platform. The thinking zone. Brief sent to GPT.

Ideas and direction: Paul Roebuck

Words: Claude AI (Anthropic) — claude-sonnet-4-6 | May 2026