

Mind the Gap

Contents

Each chapter title, the page it begins on, and a plain line on what it contains.

#	Chapter	Page	What's in it
1	Human Recognition	00	Why a fluent machine fires the same part of your brain that recognises a person — before the thinking part catches up.
2	The Interpretation Trap	00	How we read meaning, motive and personality into AI that isn't there — and the five everyday ways that misreading happens.
3	Hidden Architecture	00	What is actually underneath a reply: seven invisible layers assembled fresh each time, with no continuous mind behind them.
4	The Machine Underneath	00	How the system genuinely works — the maths, the hardware, the human words it borrows, the economics — and where the labs are taking it next.
5	Drift	00	How a long conversation slowly moves away from where it started, and the system follows without telling you — until reality intervenes.
6	Compression	00	Why detail quietly thins as a conversation grows, while the system keeps answering with full confidence as if nothing has been lost.

7	Fluency and False Confidence	00	Why the most dangerous AI answer is the one that sounds most certain — and why sounding right and being right have come apart.
8	Hallucination — The Defended Gap	00	What hallucination really is, with real cases — and a new way of seeing it: the machine defending a gap the way humans defend theirs.
9	The Instrument	00	Where the author learned to read the gap — factory floor, boardroom, therapy room, AI room. One instrument, four rooms, the same gap.
10	The Maturity Spectrum	00	The four ways people use AI — from search box to genuine collaborator — and why most never leave the first rung.
11	Me, Myself or I	00	The six working modes you can bring to an AI conversation, why you default to one without noticing, and how to choose deliberately.
12	The Dialect	00	AI speaks English in its own register. How to learn it, brief it properly, and let it keep its own voice rather than forcing yours.
13	Worker as a Service (WaaS)	00	What changes when an organisation buys outcomes by the token instead of labour by the hour — and what stays stubbornly human.
14	Mind the Gap	00	The book turning to look at itself — two intelligences, one gap, and the lived authority (loss, grief, cancer) that intelligence cannot reach.
15	Which Gap? This One.	00	The deepest answer: two hundred million years of evolution against less than a century

			of computation. Same origin, different branches.
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Page numbers shown as “oo” are placeholders — actual pagination resolves at final print layout (trim size, font, leading, front-matter length all affect it). Replace before KDP upload.